



Joyful
senior living,
every day.

 **Astoria**
SENIOR LIVING & MEMORY CARE
by Agemark Senior Living



Welcome to Astoria

Astoria in Omaha offers exceptional assisted living, memory care, and short term stay services provided by a caring team that's committed to enriching the lives of residents who make the community their home.

Astoria is managed by Agemark Senior Living. Agemark communities have served seniors across the country since 1987. Family-owned and operated and headquartered in Omaha, NE, Agemark is a certified Great Place to Work™, and many of its communities have been named to U.S. News and World Report's Best Assisted Living and Best Memory Care lists.

Astoria is centrally located in Omaha, near medical and hospital services and on the site of a former golf course. Our grounds feature lush grass, walking paths, and multiple outdoor courtyards for residents to enjoy. In 2024, we underwent an extensive renovation that improved resident common spaces and added a beautiful second memory care neighborhood.

We continue to prioritize improvements to our building to ensure resident satisfaction and pride in their homes.





Astoria Supports Families

We know that choosing assisted living or memory care is a decision that affects the entire family. That's why we're pleased to offer a variety of resources meant to provide support to residents and families, and to help further your connection with your loved one. Our offerings include:

- Family traditions events held several times yearly
- Free support groups and educational events
- Expert resources and advice
- Virtual dementia tours and short term stays (when available)

A move to Astoria means leaving the caregiving tasks in our hands, so you can focus on being a family. If your loved one moves to our community, we offer regular family meet-ups as well as free access to LifeLoop, a program that helps families better connect to our community and their loved ones.



Wellness at Astoria

At Astoria, we know that wellness is more than just physical. That's why we focus on four dimensions of wellness: physical, intellectual, social, and spiritual. Whether through delicious culinary offerings, fun and stimulating activities, amazing health care, or everyday conversations, we look to support all facets of wellness.

Many residents of Astoria require personal care. For those who need it, we offer:

- A Director of Health and Wellness to ensure good health and supervise our 24/7 care team
- Regular health assessments to monitor changing needs
- Physician oversight, assistance with telemedicine appointments, and transportation to in-person appointments
- On-site physical and occupational therapy provided by our trusted partners, with the flexibility to bring in your own care providers
- Well-balanced and delicious meals to ensure good nutritional health
- Assistance with medication management, bathing, dressing and more

By learning about you or your loved one's specific needs, we can best determine how our community can help our residents thrive!





Amenities

Astoria offers the best of both worlds - beautiful shared common spaces and an apartment that you can truly make your own. Our amenities help make life in our community a true joy.

Astoria proudly offers:

- A wonderful location, away from busy streets and outside noise, yet close to medical facilities, shopping, and more
- Mature trees, attractive landscaping, walking paths, courtyards and shaded areas where you can enjoy time outdoors
- Recently renovated community common spaces, including a spacious dining room, activity areas, a library, an on-site salon, cozy living spaces, and lounges on each floor
- Chef-prepared meals served restaurant style
- Housekeeping and laundry services provided
- Free transportation for recreational trips and scenic tours
- A variety of apartment choices, from studio to two-bedroom in assisted living and both companion and private suites in memory care

Scan the QR code or visit AstoriaSeniorLiving.com to see more and take our virtual tour.



Our Services

Assisted Living

If you need a little help to ensure you're thriving each day, assisted living could be right for you. Our experienced staff can provide services such as medication management or assistance with other daily needs. Skip cooking on your own and enjoy delicious restaurant-style meals, regular housekeeping, laundry service, and much more. Enjoy the freedom to live as independently as you wish, with our caring staff always ready to assist when needed.

Memory Care

Those with Alzheimer's disease or other types of dementia can choose from two memory care neighborhoods at Astoria: Via Verde and The Villa. Each neighborhood is distinctly different, but both offer a safe, secure, and homelike environment, with expert staff on hand 24/7. Residents of both neighborhoods enjoy recently renovated common spaces and a variety of suite types.



Short Term Stays

Astoria can provide both respite stays and day stays. We provide a comfortably furnished room for short stay guests who benefit from our expert care, life-enriching activities, delicious homemade meals, and, most importantly, a safe and secure environment. Respite stays are based on space and availability. In addition to respite stays, we are able to provide day stays. A day stay is exactly what it sounds like – a stay for the day. Like respite stays, day stays are a wonderful option both for families who need a little support and to test our services before making a more permanent move.



Celebrate Life

Nowhere is our wellness philosophy more evident than through our Life Enrichment offerings. Through a variety of one-on-one and group activities, we look to provide social opportunities, meaningful connections, and most of all, fun! No matter your age or ability level, there's something for everyone. Life enrichment activities include:

- Brain games
- Group exercise
- Live music
- Holiday celebrations
- Games, puzzles and cards
- Baking and crafts
- Manicures and spa activities
- Happy hours
- And much more

We don't stay within the walls of our community. Our goal is to get residents out and about, staying connected to the community at large. We enjoy lunches out, outings to a park, the movies or shopping, taking scenic drives and more. When you see the Astoria bus drive by, make sure to wave and say hi!

*Learn more about life
at Astoria.*

Schedule a tour today.

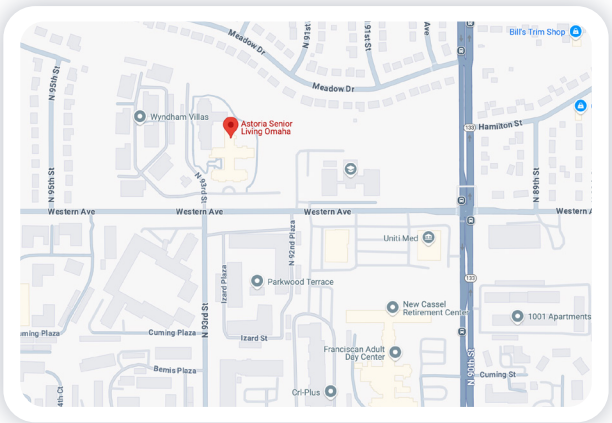
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"I cannot say enough great things about Astoria Senior Living! The care and attention they provide to residents is truly above and beyond anything we could have imagined. The staff is incredibly hands-on, compassionate, and professional, and they always go the extra mile to make sure everything runs smoothly. Astoria has been nothing short of excellent, and I am so grateful for the genuine care and warmth they provide."

CC, Daughter of an Astoria Resident