



Personalized  
memory care in an  
active, supportive  
community.

 **Astoria**  
**MEMORY CARE**  
by Agemark Senior Living



## Welcome to Astoria Memory Care!

We are pleased to help those with all types of dementia, including Alzheimer's disease, live life fully in our caring and homelike community. We're dedicated to helping individuals thrive through life.

At Astoria, we work to ensure moments of joy for all in our care. Our robust services and delightful amenities create a vibrant, relaxing atmosphere. And our broad range of activities and programs provide ample opportunities to socialize with others and energize the mind, body, and soul. We feel strongly that those with dementia can live wonderful lives with our support and care.

Located just a short drive away from San Francisco, a fast-growing Central Valley community, Astoria Memory Care is located in Tracy, CA. Tracy has the friendly feel of a small town complete with a quaint downtown and vibrant arts and entertainment scene – right in the middle of it all is Astoria!

At Astoria, individuals with Alzheimer's and other types of dementia can feel fulfilled, cared for and engaged every day. We strive to provide an environment that fully supports the unique needs of those with memory loss. Residents enjoy daily activities and outings, many of which are customized to their unique interests and passions. With our support, we know that those with memory loss can still live life to the fullest.

Astoria is staffed by special people, carefully chosen for their patience, kindness and empathy. They learn each resident's story so they can provide more personalized care. Many staff members become Certified Dementia Practitioners (CDPs).





## Beautiful community amenities meet the comforts of home.

Our safe and homelike community is designed to feel familiar - like a family home - and features:

- Comfortable family rooms and sitting areas.
- Multipurpose activity areas.
- Beautifully landscaped courtyard.
- In-house barber/beauty salon.

Additionally, we provide:

- Delicious home cooked meals and snacks anytime.
- Housekeeping and laundry service.
- Free personal transportation.

We offer a variety of room types - Companion, Private and Deluxe Private - in three neighborhoods: Astoria Place, The Gardens and The Villa. Each neighborhood enjoys similar services and amenities, but The Villa offers a smaller and cozier setting for those who prefer more individual attention and a quieter environment.



“We feel so lucky to have found a place that feels more like a family than an institution.”





“The caregivers are some of the most loving people I’ve ever met. I especially appreciate the upbeat attitude and emphasis on keeping my family involved and informed.”

## Caring for the whole person.

We believe wellness means more than just providing health care.

*LifeCycles*, our whole personal wellness program, supports the spiritual, social, physical and intellectual wellness of all Astoria residents.

*Seasons* features 52-weeks of special activities built around themes, ideas and events that inspire joy and ignite the soul.

For those that do require help with personal care, we offer:

- Experienced, 24/7 care staff
- On-site wellness support.
- Regular health assessments to monitor changing needs.
- Assistance with medication management and personal cares such as dressing, bathing and more.

# Life with memory loss can still be joyful.

Astoria is a place where every day is an opportunity to celebrate life. Typical on-site activities include cooking and baking, singing, exercise, games, crafts, movie nights, gardening and more. We often host live musicians and other entertainment for residents to enjoy. We celebrate holidays, anniversaries, birthdays and other milestones. Offsite adventures include scenic drives and visits to historical sites, museums and events in the community at-large.

In addition to fun activities, residents maintain a comforting, familiar routine which helps provide reassurance and a sense of purpose.

“We are very happy with the staff. In addition, our mother's health has improved since her move in and I rest easier knowing she's well-cared for.”



“I can't tell you how much it means to me to know that my wife is safe and getting the best of care.”



# Agemark

SENIOR LIVING

Astoria is an Agemark Senior Living community. Family owned and operated, Agemark began offering senior assisted living in the late-1980s, long before “assisted living” was a familiar term. We began by renovating historic hotels in rural areas and converting them into homelike settings for seniors who needed a little help with daily life. Since then, we've grown to 26 communities in six states. But we've held on to what drives us—treating everyone like family. That's our promise, and it applies to all who live and work at Astoria.

“It means so much to know Dad has a real home, not just a room. I'm

always glad to hear that he's playing his guitar or out on an outing.”





“You just have to visit to feel the difference.”

# Learn more about life at Astoria.

Schedule a tour today.

(209) 833-2200

1960 W. Lowell Ave.

Tracy, CA 95376

[Info@AstoriaSeniorLiving.com](mailto:Info@AstoriaSeniorLiving.com)

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