

Our services and amenities support one commitment above all: to give each individual the opportunity to live life as independently as they choose, with our help along the way, and to maintain as much control of their own life as possible. Astoria is a place to find safety, support, the companionship of others... and so much more.

At our Omaha community, we offer assisted living as well as memory care.

ASSISTED LIVING

If you need some help to live life fully, Assisted Living at Astoria could be right for you. Live as independently as you wish, with our caring staff here to lend a hand with anything you need. Have fun with friends, enjoy exciting trips, fun activities and much more.

Assisted Living services include:

- 24-hour security & professional staff.
- Care provided by experienced staff, including CNA's, med-techs with oversight by a Director of Nursing.
- Complimentary wellness checks.
- Health consultations & help with appointments.
- Three nutritious, home-cooked meals with menu options every day.
- Fresh coffee & snacks throughout the day.
- Housekeeping & laundry services.
- Utilities paid & maintenance service.
- Emergency call system (if requested).
- Cable TV and Wireless Internet.

For those who need more than basic health care, additional care services are available for help with medication, bathing, dressing, diabetic care and much more. See *Rates* for more details on *Level of Care* provided at Astoria.





MEMORY CARE

We also provide in-house memory care in The Villa, where individuals with Alzheimer's and other types of dementia can feel fulfilled, cared for and engaged every day. We strive to provide an environment that fully supports the unique needs of those with memory loss. Residents in memory care enjoy daily activities and outings, many of which are customized to their unique interests and passions. With our support, we know that those with memory loss can still live life to the fullest.

Residents of The Villa enjoy the same amenities as those in Assisted Living, but also benefit from a safer and more secure environment, as well as their own activity areas.