At Astoria, individuals with Alzheimer's and other types of dementia can feel fulfilled, cared for and engaged every day. We strive to provide an environment that fully supports the unique needs of those with memory loss. Residents enjoy daily activities and outings, many of which are customized to their unique interests and passions. With our support, we know that those with memory loss can still live life to the fullest.

Our communities are staffed by special people who are carefully chosen for their patience, kindness and empathy. They take the time to learn each resident's story so they can connect, interact and provide services on a more personal level.

We are pleased to offer three neighborhoods: Astoria Place, The Gardens and The Villa. Each neighborhood enjoys similar services and amenities, but The Villa offers a smaller and cozier setting for those who prefer more individual attention and a quieter environment.

SERVICES PROVIDED AT ASTORIA INCLUDE:

- 24-hour security and a safe environment tailored specifically for those with memory loss.
- Care provided by experienced staff, including caregivers and med-techs with oversight by the Director of Wellness.
- Daily help with personal cares including bathing and dressing assistance, medication administration and more.
- Nutritious, home-cooked meals, plus snacks anytime.
- Specialized programming, including fun outings and bus trips.
- Housekeeping and laundry services.
- Free personal transportation.



FAMILY & TRANSITION SUPPORT

We're here to help.

When a loved one is diagnosed with memory loss, it can seem as if your whole world is turned upside down. You're working through your emotions while caring for your family member at the same time, and it's hard. You're doing a great job – but you don't have to do it alone. That's where we come in.

For those who are still caring for a loved one at home, support services include:

- Educational Programs
- Resource Materials
- Caregiver Support Groups
- · Short-Term Respite Care (availability based on space)

After a loved one moves in, Astoria offers these support services to families:

- Educational Programs and Resource Materials
- Annual Family Traditions Events
- Monthly Coffee Club
- · Accommodations and Hospice for End-of-Life Care

