## **Our Community**



Oakdale is a charming community, located adjacent to the Sierra Nevada foothills and not far from Yosemite National Park. Known as the Cowboy Capital of the World, it has a bustling downtown, museums, quaint shops and fun events like the Oakdale Chocolate Festival and the rodeo. Astoria residents take full advantage of all the community at-large has to offer. Whether they live in our assisted living or memory care neighborhood, they are constantly on the go enjoying everything the area has to offer. From cookouts at Pinecrest Lake to cheering on the Modesto Nuts and visiting Dorada Park, Astoria residents stay busy.

Astoria Senior Living became an Agemark community in 2014. An extensive renovation was completed shortly thereafter. We're proud of our community features including:

- Comfortable family rooms and sitting areas.
- Beautifully landscaped and shaded courtyard featuring an outdoor fire pit and views of the surrounding neighborhood.
- In-house barber/beauty salon.
- · Exercise and fitness classes.
- · Wellness office.
- · Multipurpose activity areas.
- Recreational trips and scenic tours on the Astoria bus.

## CELEBRATE LIFE.

We feel that engaging the mind, body and soul is key to a happier, healthier life. So we offer a wide range of life enriching programs that are sure to do just that. We feel strongly that our commitment to life enrichment is one of the most unique things we have to offer.

No matter your age or ability level, we guarantee our life enrichment programs will spark fellowship, fun and fulfillment. From onsite activities like karaoke, cooking, exercise and crafts to offsite adventures like boating, attending sporting events, visiting museums and historical sites, and much more – opportunities for excitement and involvement abound at Astoria. We even personalize activities to meet your individual preferences and interests. Residents are also encouraged to try new things that they may have never considered before. Programs like *Seasons* provide the opportunity for Astoria residents to participate in fun themed activities, celebrate holidays and visit local events and attractions. Another way we foster excitement and fulfillment is through our *List for Living* program, where we help individuals realize dreams big and small.

